
GREATER RICHMOND REGIONAL HOTLINE

INFORMATION AND REFERRAL GUIDE

UPDATED 8/28/2017

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VICTIMS OF CRIMES

DIRECT SERVICES

- **Americans Overseas Domestic Violence Crisis Center**
 - Case Management, Counseling, Transition Services, and Legal Advocacy for Americans living overseas as well as those who have transitioned home
 - U.S. 503-203-1444
 - International 866-879-6636
- **DOD Safe Helpline**
 - For members of the Department of Defense (DOD) community affected by sexual assault providing live one-on-one specialized support and information that is confidential, anonymous, and secure. Available worldwide 24/7. Provides crisis response, information, and to connect survivors to needed resources while building confidence in the reporting process.
 - 877-995-5247
- **Mothers Against Drunk Driving**
 - 24 hour victim help line
 - 877-623-34357
- **Parents of Murdered Children Inc.**
 - 888-818-7662
- **Rape, Abuse, and Incest National Network**
 - Confidential support from a trained staff member, support finding a local health facility that is trained to care for survivors of sexual assault and offers services like sexual assault forensic exams, someone to help you talk through what happened, local resources that can assist with your next steps toward healing and recovery, referrals for long term support in your area, information about the laws in your community, and basic information about medical concerns
 - 800-656-4673

INFORMATION AND REFERRALS

- **Battered Women's Justice Project**
 - Provides assistance to IPV victims charged with crimes and their defense teams. Community assessments, consultations, customized training and facilitation, legal advocacy for victims, research, writing and analysis, and technical assistance for professionals and organizations.
 - 800-903-0111
- **Federal Trade Commission Identity Theft Hotline**
 - 877-438-4338
- **National Organization for Victim Assistance**
 - 800-879-6682

- Substance Abuse and Mental Health Services Administration Helpline
 - 800-662-4357

TRAINING, TECHNICAL ASSISTANCE, AND OTHER SERVICES

- Child Welfare Information Gateway
 - 800-394-3366
- National Children’s Alliance
 - 800-239-9950
- National Council on Juvenile and Family Court Judges
 - 775-784-6012
- National Crime Prevention Council
 - 202-466-6272
- National Criminal Justice Reference Service (OVC Resource Center)
 - 800-851-3420
- OVC Training and Technical Assistance Center (OVC TTAC)
 - 866-682-8822
- Resource Center on Domestic Violence: Child Protection and Custody
 - 800-527-3223

HOUSING

HOMELESS SHELTERS AND TRANSITIONAL HOUSING OPTIONS

- **Homeless Point of Entry / Central Intake (HPE)**
 - Works out of Commonwealth Catholic Charities
 - Shelter gateway for city – first call to be made for shelter for a homeless person seeking shelter with no DV/SA
 - 804-648-4177
- **Richmond Behavioral Health Authority**
 - Grace House
 - Grace House is an intensive residential program for adults diagnosed with a serious mental illness or who are at significant risk of returning to an institutional setting. Individuals live in a structured rehabilitative, licensed Assisted Living Facility. .
 - 804-819-4000
- **National Call Center for Homeless Veterans**
 - Veterans who are homeless or at risk of homelessness—and their family members, friends and supporters—can make the call to or chat online with the National Call Center for Homeless Veterans, where trained counselors are ready to talk confidentially 24 hours a day, 7 days a week.
 - Callers must be: veterans who are homeless or at risk of homelessness, family members, friends, and supporters calling on behalf of Veterans, VA Medical Centers and other VA facilities and staff, partners, or community agencies and providers who serve Veterans who are homeless
 - 1-877-4AID-VET (424-3838)
- **DLW Veterans Outreach and Training Center**
 - Temporary housing for veterans and re-entry clients on a space available process
 - 804-228-8077

HOUSING REFERRALS

- **Virginia Supportive Housing**
 - The vast majority of those served are people experiencing chronic homelessness, but they also work with a small population of individuals who have suffered traumatic brain injuries and people living with HIV or AIDS. Client does not have to be addiction-free, mentally stable, or have employment
 - Case management services, counseling and skills training, and community building are available to tenants on site
 - Studio apartments are leased and the tenant pays one-third of their (future) income on rent, or a minimum of \$50 per month
 - 804-232-5481
- **Richmond Redevelopment and Housing Authority (RRHA)**
 - Public Housing available only for low-income families and individuals

- 804-780-4908
- **Housing Opportunities Made Equal (HOME)**
 - Move to Opportunity Program – trains voucher holder families to be responsible tenants, prepares them for their move to their new neighborhood, and continues to provide support for program families and landlords even after placement
 - Superior Tenant Workshops – provide information on all aspects of renting to help learn how to be the kind of tenant every landlord is looking for. It also helps makes sure that you are not being taken advantage of or treated unfairly
 - 804-354-0641
- **Senior Connections: Capital Area Agency on Aging**
 - Must be citizen of Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent, Powhatan, or the City of Richmond
 - 804-343-3000

MEDICAL

ADULT FACILITIES – RICHMOND CITY AND HENRICO

- **Care-A-Van**
 - Free medical service that provides primary care to uninsured adults and children the Greater Richmond community. Services are designed to provide medical care in a timely manner to those who need it
 - Available services: all around well-being, chronic conditions (diabetes, high blood pressure, high cholesterol, asthma, and stable heart problems). Provide screenings, immunizations, and acute care for illness or minor injury, school/sports physicals, coordinate health care, and health insurance enrollment assistance
 - 804-359-WELL (9355)
- **Daily Planet**
 - Healthcare for all ages that accepts most insurance and offers a sliding scale fee for uninsured patients. Appointments are scheduled 2 weeks in advance and there is an 8:00am daily intake.
 - Services include: management of chronic medical problems, acute care of illness, well child exams, well adult exams and prevention as well as lab work and PAP testing
 - West Grace Health Center 804-783-2505
 - Southside Health Center 804-292-3011
 - St. Joseph's Outreach Clinic 804-783-2505 ext. 270
- **St. Joseph's Outreach Clinic Financial Screening**
 - Outreach clinic that serves patients who do not have health insurance, as well as insured and underinsured patients. Does have language interpretation for non-English speakers.
 - Services: sick children and adults, adult check-ups, child well visit (without vaccines), health screenings, sport/school physicals, immunizations, follow-up care, pap smears, pregnancy testing, Endocrinology and mental health services, simple procedures (mole and toenail removal and injections), outreach worker service, and nutritionist
 - 804-612-7065
- **Crossover Health Clinic: Richmond**
 - New clients admitted by a lottery system which you must be eligible. However, recent hospital/ER, pregnant, or HIV positive clients do not need to go through the lottery system and will be admitted immediately
 - Primary care, dental, vision, HIV diagnosis and treatment, and specialty care
 - Eligibility Check 804-521-8263
 - Downtown Clinic 804-233-5016
 - Western Henrico Clinic 804-622-0803
- **Health Brigade (formerly Fan Free Clinic)**
 - Adult general medicine, behavioral health counseling, chronic disease management, coordination of care, gynecology, women's health, medication assistance program, nutrition services, PrEP, specialist referrals, STI/HIV testing and treatment, social work and integrated behavioral health coaching, supportive services, trans health services
 - 804-358-6343
- **IVNA Home Health Care**

- Home care, CM, and advocacy for people in need with lowered costs for individuals with financial needs
- 804-355-7100
- **Richmond Area High Blood Pressure Center/The Center for Healthy Hearts**
 - Relieve the financial burden on the community by providing care to people who have chronic conditions, preventing inevitable and costly outcomes, provide free or low-cost prescription medications for people who could not otherwise afford them. We teach people with chronic health problems how to manage their lifestyles to improve overall wellness. We relieve the burden on full-service clinics by serving a targeted population with appropriate and efficient care. We reduce inappropriate use of hospital emergency rooms by people who are uninsured.
 - Open Monday through Thursday 8:00AM to 4:00PM
 - 804-359-9375
- **VCU Health (formerly MCV)**
 - Provides like ALL services
 - Also has the Virginia Coordinated Care Program (refer to “Medical Financing”) for low-income individuals
 - 804-828-9000

ADULT FACILITIES – CHESTERFIELD AND OUTLYING COUNTIES

- **Cornerstone Free Health Clinic (Aylett, VA)**
 - Free medical, vision, and dental care to the uninsured people in King William, King and Queen, Essex and counties as distant as those in the Northern Neck
 - 804-769-2996
- **Cheryl H. Watson Memorial Free Clinic (Mechanicsville, VA)**
 - Provide patients with needed healthcare, including medications and referrals for diagnostic testing and/or specialist care
- **Saint James the Less Free Clinic (Ashland, VA)**
 - Provide patients improved health care, medications, referral for diagnostic testing and/or specialty care as needed and to provide patients with professional dental care including exams, hygiene, restorations, extractions, and dentures
 - 804-798-8890

CHILDREN’S MEDICAL FACILITIES

- **Care Connection for Children (Special Needs)**
 - Part of VCU health system
 - Case management, medical attention, and education of family members caring for children with special needs
 - 804-827-1795
- **Children’s Hospital**
 - Part of VCU health system
 - Have ALL services imaginable

- 804-828-CHOR (2467) Appointment Line

MEDICAL FINANCING

- **Bon Secours Financial Assistance Program**
 - Helps uninsured patients who do not qualify for government-sponsored health insurance or medical expenses obtain medical care based on the family's gross income and family size
 - <http://www.fa.bonsecours.com>
- **VCU Health (formerly MCV)**
 - Virginia Coordinated Care Program
 - Affordable health care for uninsured individuals living in the Great Richmond Metro and the Tri Cities areas
 - If approved for the program then medical services come from VCU Medical Center as well as the community providers that participate with the program
 - 804-819-5151

MENTAL AND BEHAVIORAL HEALTH REFERRALS

- **Daily Planet**
 - Individual, group, and family counseling, substance abuse counseling, medication management and evaluation, and psychiatric evaluations and assessments
 - 804-649-2119 ext. 274
- **Crossover Healthcare Ministry**
 - New clients admitted by a lottery system which you must be eligible. However, recent hospital/ER, pregnant, or HIV positive clients do not need to go through the lottery system and will be admitted immediately
 - Mental health services
 - Eligibility Check 804-521-8263
 - Downtown Clinic 804-233-5016
 - Western Henrico Clinic 804-622-0803
- **Health Brigade (formerly Fan Free Clinic)**
 - Specialty mental health services (50 minute talk therapy sessions), psychiatric evaluation and medication, support groups (Anger management, Employment, LGBTQ, HIV+ clients, etc.), behavioral health services (Smoking Cessation, Insomnia, Medication Adherence, etc.), wellness services (acupuncture, healing touch, meditation, etc.), legal clinic, and voice therapy for trans clients
 - 804-358-6343
- **Richmond Behavioral Health Association**
 - Must be a resident of the City of Richmond and diagnosed with a serious and persistent mental illness
 - Case management services to help improve quality of life and community integration, psychiatric services with a psychiatrist on-site, medical services through routine physical health screens, and chronic condition treatment, support services: recovery support groups, mental health skill building, psychiatric rehabilitation, specialized programs:

homeless outreach program, transitional supportive living program, PACT – partnering, and consumer advisory counseling

- 804-819-4000
- **Warm Line**
 - Open Monday through Friday from 9am to 5pm
 - Not for crisis calls! Meant for individuals, family members, and other concerned parties who would like someone to, or who request community mental health resources, or who have specific questions about their recovery journey
 - 1-866-400-MHAV (6428)
- **National Suicide Prevention Lifeline**
 - National network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day
 - 1-800-273-8255

MENTAL HEALTH CRISIS LINES

- **Richmond City** 804-819-4100
- **Chesterfield** 804-748-6356
- **Henrico** 804-727-8484
- **Hanover** 804-365-4200
- **Colonial Heights, Emporia, Hopewell, Petersburg, Dinwiddie, Greensville, Prince George, Surry, and Sussex** 804-862-8000
- **Goochland and Powhatan** 804-598-2697
- **New Kent and Charles City** 804-264-8484
- **Essex, Gloucester, King & Queen, King William, Lancaster, Mathews, Middlesex, Northumberland, Richmond, and Westmoreland** 1-800-542-2673

CHILDREN'S RESOURCES

CHILD PROTECTIVE SERVICES AND AGENCIES

- **Child Protective Services**
 - Documents, assesses and investigates reports of alleged child abuse and/or neglect. In order for Child Protective Services to accept and respond to a report, it must be considered valid in all four of the following validity criteria: The alleged victim child or children are under the age of 18 at the time of the complaint/report, the alleged abuser must be a caretaker of the child; and, the circumstances/complaint alleges child abuse and/or neglect as defined in the Code of Virginia and in guidance established by the Virginia Department of Social Services. Child Protective Services strives to provide children with a stable and safe home environment. When possible, staff will work to preserve the family by enhancing the parent's ability to provide care for their child and reducing the risk of future abuse or neglect. A full range of services is available to families involved with Child Protective Services including referrals for parenting education, substance abuse treatment, mental health treatment, counseling, medical assistance, financial assistance, budgeting, housing assistance and mentoring programs.
 - **Richmond City Child Protective Services**
 - 804-646-0438
 - **Henrico County Child Protective Services**
 - 804-501-5437
 - **Ashland and Hanover Department of Social Services**
 - 804-365-4100
- **Virginia Child Abuse Hotline**
 - 24 hours
 - Can connect anyone in the state with Child Protective Services in their area in Virginia
 - 1-800-552-7096
- **Virginia Family Violence and Sexual Assault Hotline**
 - You deserve safety and support. Whether someone has hurt you in the past or is hurting you now, we're here to listen and to help. If you are a friend, family member, or professional wondering how to help someone, or just want to know more about sexual assault, stalking, controlling behavior, or intimate partner violence then call. Free. Confidential, 24 hours a day.
 - 800-838-8238

CHILD ABDUCTION AND RUNAWAY SERVICES

- **Child Find of America**
 - Location Services for missing or run away children as well as child and parent education

- 800-426-5678
- **National Center for Missing and Exploited Children**
 - Services pertaining to missing children, child sexual exploitation, child safety and prevention, law enforcement training, and victim and family support
 - 800-THE-LOST
- **National Runaway Switchboard**
 - Support for children considering running away or have already done so (confidential hotline). Support for parents and guardians as well
 - 800-RUN-AWAY

COUNSELING SERVICES

- **Battlefield Lighthouse Services**
 - For female children ages 10 – 17 who are victims of sexual abuse
 - Individual therapy, music therapy, art therapy, dance therapy, nutrition education, equine and pet therapy, and family/guardian therapy
 - Henrico
 - 804-262-SAVE
- **Children’s Hospital**
 - Part of VCU health system
 - Inpatient programs (acute care crisis stabilization and evaluations as well as outpatients programs including evaluations, family and individual therapy, and specialty clinics for kids through age 17 years
 - 804-828-CHOR (2467) Appointment Line
- **Child Savers**
 - Outpatient mental health therapy or children and Immediate Response program which assists children in the immediate aftermath of a crisis or trauma.
 - Assessment and treatment planning, psychiatric services, play therapy, sand tray therapy, art therapy, talk therapy, and family therapy
 - 804-644-9590
- **Child Savers Immediate Response**
 - For the needs of children exposed to trauma or experiencing a mental health crisis
 - Child must be between the ages of 2 – 17 years and experienced a recent traumatic event
 - 24/7
 - 804-305-2420
- **SCAN**
 - Weekly treatment groups and psycho-educational groups for families that have experienced or are at high risk of experiencing child abuse and/or neglect.
 - 804-257-7226
- **Jewish Family Services**
 - Play therapy, strengths-based therapy, dialectical behavioral therapy, and cognitive behavior therapy as well as family counseling services
 - 804-282-5644 ext. 239
- **Children’s Mental Health Resource Center**

- NOT a clinical program. Assist families and providers to understand mental health services available for children and adolescents and gets them connected with those services.
- Educational resources, familial support, and PCP referral assistance and pediatric consultation
- 804-828-9897
- **Youth Move Central VA**
 - Activity based youth group for teens age 13-19 who have been part of mental health, foster care, special education, child welfare, substance abuse/recovery, or juvenile justice systems
 - 804-285-1749
- **LaunchPad Counseling**
 - Play therapy for children, preteens, and teens
 - 804-665-4681
- **Westhampton Family Psychologists**
 - Play therapy, individual psychotherapy, and family therapy available. Presenting problems often include: questions of anxiety or depression in childhood, problems with social interaction or friendships, behavioral issues such as anger management, sleep problems, or symptoms associated with ADHD, coping with grief and divorce, and family relationship difficulties.
 - 804-673-0100
- **Commonwealth Counseling**
 - Our Pediatric specialists provide a full array of evaluation and treatment services for children and adolescents. Your clinician will design practical, effective interventions that may include family, cognitive, behavioral, educational, and biological treatments are appropriate. Depression, anxiety, attention problems, parenting stress, school behavior problems, and difficulty adjusting to family tensions such as divorce or separation are just some of the problems that we help children and their families solve. Child-centered play therapy room are a comforting environment where children can express their feelings through the simple act of play
 - Chesterfield 804-320-0101
 - Hanover 804-730-0432
 - Midlothian 804-423-1550
 - West End 804-237-8030
- **Meridian Group**
 - Children, adolescents, and families served through counseling for anxiety, depression, stress, loss, self-esteem, and trauma issues as well as educational behavioral and emotional problems. ADHD treatment, psychological assessments, play therapy and social skills training available.
 - Chesterfield
 - 804-751-8644
- **Dominion Behavioral Healthcare**
 - Two locations: one in Henrico and the other in Mechanicsville
 - Offers individual, couples, and family therapy for early childhood to seniors
 - Psychiatric evaluations and treatment, marital counseling, child and adolescent counseling, psychological evaluation, group therapy, and weight loss surgery evaluation
 - 804-276-5761

- **Chesterfield County Department of Mental Health Supportive Services**
 - Adult services: adult outpatient services, adult substance abuse services, emergency mental health service-crisis intervention services, medical, prevention services, psychiatric rehabilitation services for individuals with serious mental illness
 - Intellectual disability services: for ages 11 and up; residential programs, day support program, Chesterfield Employment Services, and service coordination services
 - Child Adolescent services: infant programs, child and adolescent services, service coordination for children with intellectual disabilities, emergency mental health services – crisis intervention, medical services, prevention services, and Families First
 - 804-748-1227

SUBSTANCE ABUSE

- **Richmond Behavioral Health Authority**
 - Adolescent intensive case management: drug/alcohol evaluation, care coordination, advocacy, supportive counseling, intensive community case management, school visits, outpatient services scheduled for youths between the ages of 11 and 18 years suffering from alcohol and other drug abuse or dependence with parent educational sessions as well as group therapy, and residential treatment services for ages 13 to 17 years which lasts between 60 and 90 days
 - 804-819-4100
- **Youth Move Central VA**
 - Activity based youth group for teens age 13-19 who have been part of mental health, foster care, special education, child welfare, substance abuse/recovery, or juvenile justice systems
 - 804-285-1749

CHILD SUPPORT ENFORCEMENT

- **Virginia Child Support Enforcement**
 - Committed to helping parents support their children by focusing on more than just money. DCSE offers free family engagement services focusing on access and visitation, responsible parenting, employment assistance, and prisoner reentry
 - 800-468-8894

PARENTING RESOURCES

- **Partnership for Families**
 - Partnership for Families offers access to free tools, resources, and services that help parents and caregivers nurture and strengthen their children and families, such as parenting advice, education, empowerment, and literacy support. Concerned with teaching parents the best ways to support their children to help them thrive and succeed.
 - 804-353-4262 ext. 101
- **Family Lifeline**

- Teaching programs and groups for pregnant women who are seeking to carry their baby to term in as healthy a manner as possible, home visits and teaching for homes with children in order to support them in providing a stable, nurturing environment and making parents aware of other resources. They also provide these same services modified for expecting teens in order to deliver and raise healthy families as well as for adolescents living with disabilities and their caregivers to combat isolation and promote independence
- 804-282-4255
- **Virginia Department of Health**
 - Free child safety seats and booster seats are available for income eligible children. Parents, foster parents, and legal guardians of children who reside in Virginia may apply.
 - 1-800-732-8333
- **Families First**
 - Professionally-trained family-support workers provide regular home visits to assist mothers in nurturing and caring for their children and themselves. Family-support workers share information, videos, and activities about childbirth preparation, child health, and development, parenting and parent/child interaction and local resources
 - 804-318-8655
- **Richmond Home Visiting Program**
 - Referral center that matches clients to a free home visiting program to best fit their needs
 - Richmond City resident who are pregnant or have children under the age of 6 qualify
 - 804-646-3601
- **SCAN**
 - The Family Support Program provides treatment groups and education groups each week for families who have experienced, or are at high risk of experiencing, child abuse or neglect.
 - 804-257-7226
- **800-Children Parent Helpline**
 - Monday thru Saturday from 8am to 9pm
 - Trained call specialists give guidance on issues ranging from how to understand each stage of a child's development to how to reduce parental stress, strengthen the parent-child bond, access helpful community resources and contact authorities if abuse is suspected.
 - 800-244-5373
- **Office of Children's Services**
 - Coordinates community service assignments and substance abuse education classes
 - Goochland
 - 804-556-5875
- **Healthy Families Quin Rivers**
 - Help parents with children who are in crisis, have abuse in their past, and generally difficult situations for people to go through when they have children. Family Support Workers meet with parents in the privacy of their home to provide encouragement and support, as well as share useful child development information, parenting tips, and referrals to other community resources.
 - Charles City and New Kent
 - 804-966-8720
- **Infant Toddler Connection of Virginia**

- Provides information on child development, services for children with special needs or developmental delays, and community resources for infants and toddlers and their families. They also provide temporary service coordination, home visits, and developmental, screenings of Richmond City infants and toddlers who are birth to 3 years old and may have special needs. Coordination of early intervention services within the community according to an individual child and family's needs.
- Call will technically be to 211, however they do the intake for this agency

PREGNANCY

- **Capital Women's Health Clinic** (abortion services)
 - Abortion
 - 804-754-1928
- **Commonwealth Catholic Charities** (adoption services and case management)
 - Help you care for yourself and your baby throughout your pregnancy and after your child is born. Confidential support is available as you prepare to become a parent or plan to place your baby for adoption. If you decide on adoption, you can choose which family is best for your child and have the opportunity to meet them. Our staff has carefully evaluated each of these adoptive families and has made sure they are prepared for parenthood. Open, semi-open or confidential adoptions are all options for you. As a CCC client you will have access to additional resources to assist you with other issues that you may be facing, such as homelessness, financial concerns and medical needs.
 - 24 hour hotline – 1-866-259-5708
- **Pregnancy Resource Center of Metropolitan Richmond** (Pregnancy healthcare and counseling)
 - Ultrasounds, parental support, health related information to abortions and pregnancy, and counseling
 - Planned Parenthood Resource Center
 - 804-673-2020
- **Richmond Health Center** (abortion services and other health services)
 - Abortion services, birth control, general health care, HIV testing, LGBT services, men's health care, emergency contraception, pregnancy testing and services, STD testing, treatment, and vaccines, and women's healthcare
 - 804-355-4358

CHILD AND DAY CARE

- **Childsavers**
 - NOT a daycare program
 - Hotline which makes personalized child care referrals from case to case
 - Can also go to their website for online referrals Childsavers.org/services/enhancing-quality-child-care/
 - 1-866-KIDS-TLC (543-7852) then press 2
- **Child Care Aware of Virginia**

- Improve child care in VA by developing the child care workforce, maintaining comprehensive child care data, empowering families through education and advocating for Virginia's children
- List child care options based on family needs, regulations and legal standards as well as cost and resources for family support, understanding health child development and effective parenting strategies, advocacy through contact with state and national policymakers and legislators to urge support for children's issues
- 804-285-0846
- **Friend's Association for Children**
 - Child development program offers curriculum emphasizing the importance of meeting children's social, emotional, cognitive, physical, and language needs through literacy and education. For ages 6 weeks to 12 years.
 - Youth development program offers homework assistance, tutoring, structured after-school-activities that instill citizenship, character, and leadership
 - Family development program Individuals learn to manage their personal, family, and community circumstances through growth, education, personal economic achievement and social development which helps students and their families develop skills and abilities aiding in success at school, work, and home
 - 804-644-2357
- **Jewish Community Center – Henrico**
 - Preschool, Early Development, and Afterschool care
 - Tons of different programs for children that are infants all the way up to teenagers
 - 804-285-6500
- **Peter Paul Development Center – East End of Richmond including Church Hill**
 - Academic focus, enrichment activities, healthy meals, and transportation provided for participants
 - Afterschool program
 - For students ages 7 to 18 or grades 2 - 12
 - 804-780-1195
- **Sprout School**
 - Children 18 months to 5 years old
 - Offers financial aid
 - YWCA
 - 804-643-6761
- **YMCA Child Care Centers**
 - Chester / 804-748-9622
 - Downtown/ 804-644-9622
 - Goochland / 804-556-9887
 - Hanover Patrick Henry / 804-798-0057
 - Henrico/Chickahominy (East-End) / 804-737-9622
 - Manchester / 804-276-9622
 - Midlothian / 804-379-5668
 - Northside / 804-329-9622
 - Powhatan / 804-598-0250
 - Shady Grove (Only one with Pre-School) / 804-270-3866
 - Tuckahoe / 804-740-9622

HEAD START PROGRAMS

- **CDI Head Start New Kent and Charles City** / 804-226-9870
- **Chesterfield** / 804-279-7357
- **Goochland** / 804-556-4829
- **Hanover** / 804-365-4508
- **Henrico** / 804-343-6555
- **Richmond** / 804-780-7794

LITERACY AND TUTORING

- **Family Literacy Program**
 - Exactly what it sounds like
 - Richmond City
 - Programs: Adult Basic Education, Early Childhood Education, Parenting Classes, and PACT (Parent and Child Together Time)
 - 804-780-4388 Ext. 142 or 162
- **CAPUP: Capital Area Partnership Uplifting People**
 - Project Discovery – Project Discovery addresses the problem of unequal access to higher education by low income and/or potential first generation students. Program activities include academic support, counseling, goal-oriented workshops and campus visits. Such activities help low income students set goals for their lives, increase self-esteem and become the first in their family to go to college. In the Chesterfield, Dinwiddie, Goochland, Henrico, Hopewell, Petersburg, Powhatan, and Richmond City school systems
 - 804-788-0050

COUNTY PUBLIC SCHOOLS

- **Richmond**
 - 804-780-7710
- **Charles City**
 - 804-829-9249
- **Chesterfield**
 - 804-748-1405
- **Colonial Heights**
 - 804-524-3400
- **Goochland**
 - 804-556-5630
- **Hanover**
 - 804-365-4500
- **Henrico**
 - 804-652-3600
- **New Kent**

- 804-966-9650
- **Powhatan**
 - 804-598-5700

COUNSELING REFERRALS

COUNSELING

- **Daily Planet**
 - Individual, group, and family counseling, substance abuse counseling, medication management and evaluation, and psychiatric evaluations and assessments
 - Open support group Thursdays at 1:30pm for people struggling to maintain their recovery from both substance use and mental health problems – must contact for location
 - 804-649-2119 ext. 274
- **Health Brigade (formerly Fan Free Clinic)**
 - Specialty mental health services (50 minute talk therapy sessions), psychiatric evaluation and medication, support groups (Anger management, Employment, LGBTQ, HIV+ clients, etc.), behavioral health services (Smoking Cessation, Insomnia, Medication Adherence, etc.), wellness services (acupuncture, healing touch, meditation, etc.), legal clinic, and voice therapy for trans clients
 - 804-358-6343
- **Deaf and Hard of Hearing Counseling Services**
 - Part of Challenge Discovery Projects and offers comprehensive outpatient mental health/substance abuse counseling including individual, marriage, and family counseling, counseling for persons or families experiencing physical, emotional, or sexual abuse or neglect, support groups, coping strategies, for hard of hearing and late deafened individuals and their families, Parent Child Advocate Program, collaborative/consultation services for other disciplines and agencies servicing persons with hearing loss, educational programs, workshops, and presentations focusing on mental health issues, needs, and prevention services for persons who are deaf, hard of hears, or deaf-blind, advocacy
 - 804-282-1943
- **First Baptist Church of South Richmond**
 - Ministries and services for families who have suffered loss/death/funeral arrangements, cancer support groups, counseling for difficult relationships, significant loss, depression, anger, anxiety for individuals, couples, or families
 - 804-233-7679
- **Challenge Discovery Projects**
 - Counseling for the deaf and hard of hearing community to give comprehensive outpatient emotional health
 - 804-282-1943
 - 804-282-1944 TTY
- **Community Services Boards**
 - Point of entry into the publicly-funded system of services for mental health, intellectual disability, and substance abuse. Provides pre-admission screening services 24 hours a day and 7 days a week for services.
 - Chesterfield County 804-748-6356 *24/7 hotline
 - Hanover County 804-365-4200 *24/7 hotline
 - Goochland County 804-556-5400

- Powhatan County 804-598-2200
- Henrico County 804-727-8515
- Charles City 804-727-8515
- New Kent 804-727-8515
- **Jewish Family Services**
 - Individual counseling services, child counseling, family counseling, marriage counseling, senior counseling, and psychological testing
 - 804-282-5644
- **Commonwealth Catholic Charities**
 - Provides individual counseling for adults, children, couples and families. We offer counseling for any number of issues such as depression, anxiety, marital problems, anger issues, grief, domestic violence, adjustment issues, custody cases, and co-parenting issues
 - Henrico and Richmond City
 - 804-285-5900
- **Dominion Behavioral Healthcare**
 - Two locations: one in Henrico and the other in Mechanicsville
 - Offers individual, couples, and family therapy for early childhood to seniors
 - Psychiatric evaluations and treatment, marital counseling, child and adolescent counseling, psychological evaluation, group therapy, and weight loss surgery evaluation
 - 804-276-5761
- **Westhampton Family Psychologists**
 - Henrico
 - Counseling services for children and adolescents, counseling for adults, psychological and educational testing, psychopharmacological evaluation and medication management, and genetic testing available
 - 804-673-0100
- **Women’s Counseling Center**
 - Henrico
 - 804-288-2217
- **VCU Health (formerly MCV)**
 - Virginia Coordinated Care Program
 - Affordable health care for uninsured individuals living in the Great Richmond Metro and the Tri Cities areas
 - If approved for the program then medical services come from VCU Medical Center as well as the community providers that participate with the program
 - 804-819-5151
- **Senior Connections: Capital Area Agency on Aging**
 - Must be citizen of Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent, Powhatan, or the City of Richmond
 - 804-343-3000
- **Chesterfield County Department of Mental Health Supportive Services**
 - Adult services: adult outpatient services, adult substance abuse services, emergency mental health service-crisis intervention services, medical, prevention services, psychiatric rehabilitation services for individuals with serious mental illness
 - Intellectual disability services: for ages 11 and up; residential programs, day support program, Chesterfield Employment Services, and service coordination services

- Child Adolescent services: infant programs, child and adolescent services, service coordination for children with intellectual disabilities, emergency mental health services – crisis intervention, medical services, prevention services, and Families First
- 804-748-1227

MENTAL HEALTH CRISIS LINES

- **Richmond City** 804-819-4100
- **Chesterfield** 804-748-6356
- **Henrico** 804-727-8484
- **Hanover** 804-365-4200
- **Colonial Heights, Emporia, Hopewell, Petersburg, Dinwiddie, Greensville, Prince George, Surry, and Sussex** 804-862-8000
- **Goochland and Powhatan** 804-598-2697
- **New Kent and Charles City** 804-264-8484
- **Essex, Gloucester, King & Queen, King William, Lancaster, Mathews, Middlesex, Northumberland, Richmond, and Westmoreland** 1-800-542-2673

VETERAN COUNSELING SERVICES

- **DLW Veterans Outreach and Training Center**
 - Includes but is not limited to developing communication and emotional coping skills, including understanding and living with post-traumatic stress disorders
 - 804-228-8077
- **VA Hotline for Women Veterans**
 - Provides female veterans, their families and caregivers VA services and resources about benefits and rights
 - 1-855-VA-WOMEN
- **Wounded Warrior Project**
 - Program for veterans, which has CM for literally everything. Seriously. Everything.
 - 877-TEAM-WWP (832-6997)

ANGER MANAGEMENT

- **Commonwealth Catholic Charities**
 - Court Ordered Classes as well as general anger management aid
 - Caller will have to leave a message for the program coordinator with their name and number and the coordinator will call back to schedule the appoint/class with them
 - 804-285-5900

DAILY NEEDS

FOOD

- **Hunger Hotline**
 - Part of the Food Referral Program that connects individuals who call in and need emergency food assistance with a local partner agency.
 - Can fill out the form online or call the number to get into system but can take up to one business day to be reached out to for services.
 - 804-521-2500
- **WIC Program/Health Department**
 - Charles City 804-829-2490
 - Chesterfield 804-748-1748
 - Colonial Heights 804-520-9380
 - Goochland 804-556-5343
 - Hanover 804-365-4313
 - Henrico East 804-652-3190
 - Henrico West 804-501-1610
 - New Kent 804-365-4335
 - Powhatan 804-598-5680
 - Richmond 804-482-5500
- **Goochland Clinic and Family Services**
 - To use this service the person has to already be a client with the organization. Must be a Goochland County resident to receive services, must also meet a particular annual income which is at or below 200% of the Federal Poverty Income
 - Registered clients can shop or pick up a prepacked bag of food for yourself and your family at the Food Pantry once a week. Choices include canned goods, fresh fruits and vegetables, milk, meat, bread, and household and personal items
 - 804-556-6260
- **Church Hill Christian Wellness Center**
 - Food bags are distributed on the 2nd and 4th Thursday of every month to the 23223 zip code only. Must have DMV identification with your zip code and social security number are required.
 - 804-780-0053
- **Senior Connections: Capital Area Agency on Aging**
 - Must be citizen of Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent, Powhatan, or the City of Richmond
 - 804-343-3000

CLOTHING

- **Mercy Mall**
 - A free boutique for men, women, and children but is appointment only
 - Can register online at their website mercymallva.org

- 804-728-2928
- **Church Hill Christian Wellness Services**
 - Mondays 1pm – 3pm
 - 804-780-0053
- **The Clothes Closet - Goochland Clinic and Family Services**
 - Open to the public, but clients of GCAFS receive 20 credits (\$20) per family member per month to spend at the clothes closet. Carries gently used and new clothing (men, women, and children), books, household items, and toys. Most adult clothing starts at \$4 and kid's clothing at \$2. Items are marked down weekly.
 - To use this service the person has to already be a client with the organization. Must be a Goochland County resident to receive services, must also meet a particular annual income which is at or below 200% of the Federal Poverty Income
 - Monday thru Friday from 10am to 5pm and Saturday 10 am to 3pm
 - 804-556-6260
- **First Baptist Church**
 - YWCA residents only
 - Monday and Wednesdays 10am to 12pm
 - 804-355-8637
- **Ashland Christian Emergency Services**
 - Must be a Hanover County Resident
 - Monday, Wednesday, and Friday from 8:30am to 11:30am
 - Closed Fridays in July and August
 - 804-798-2784
- **Eastern Henrico FISH**
 - Only for residents who are east and south of the Mechanicsville Turnpike which includes Highland Springs, Varina, and Sandston
 - Caller has to leave a message and will be called back
 - 804-257-7730
- **CCHASM**
 - Helps with professional clothing for women
 - 804-796-2749

FURNITURE

- **Celebration Church and Outreach Center**
 - Self-Referral
 - Mondays and Thursdays from 9a to 5p
 - 804-675-4101
- **CARITAS Furniture Bank**
 - Agency referral required (we are a referral agency)
 - 804-358-0964

PERMANENT HOUSING AID

- **Richmond Metropolitan Habitat for Humanity**

- For individuals or families that demonstrate a need for housing, the ability to pay a mortgage and are willing to partner with us. We provide support throughout the process through budget mentoring, homebuyer education, and setting goals for accountability.
- 804-232-7001
- **HOME - Housing Opportunities Made Equal**
 - Aid with budgeting on down payments and closing costs for those who qualify based on income and other eligibility requirements which is a loan forgivable over a period of five years so long as they remain in the home
 - Also have classes and counseling for homebuyer education, money management and credit recovery, and pre-purchasing counseling
 - 804-354-0641
- **Neighborhood Housing Services of Richmond**
 - Provide innovative services, facilitate flexible lending products and offer a reliable, consistent process as our goal to be an invaluable provider of home buyer services and training. Affords to our client home buyers comprehensive, pre- and post- purchase education, foreclosure prevention counseling and resources when they are ready to purchase, rehabilitate, insure and maintain their home and develop unique financial fitness programs to help home buyers make smart financial choices and manage their resources wisely.
 - Help with becoming qualified to buy a home, budgeting, planning, and general CM related to getting a home of your own
 - 804-329-2500

OTHER NEEDS

- **Safelink Wireless**
 - Provides cell phones and service to low income individuals
 - Qualifications for service vary state to state
 - 1-800-Safelink (723-3546)

FINANCIAL ASSISTANCE

RENT/MORTGAGE ASSISTANCE

- **Shelter Diversion Line**
 - Homeless or within 3 days of losing their housing
 - 804-972-0813
- **Ashland Christian Emergency Services**
 - Assistance with payment for electricity, rent, medications, and utilities to Hanover County residents living in zip codes 23005, 23047, 23059, and 23069. A cut-off notice for utilities or an eviction notice for rent is required.
 - Open Mondays, Wednesdays, and Fridays 8:30am to 11:30 am
 - Closed Fridays in July and August
 - 804-798-2784
- **CAPUP – Capital Area Partnership Uplifting People**
 - Emergency Services – aids low income citizens with rent and mortgage assistance, utility assistance, emergency food and clothing, transportation, medical assistance, and other services necessary to help prevent homelessness, hunger, or suffering
 - 804-598-3351
- **CCHASM**
 - Assists with emergency help for areas such as utilities, housing, auto repair, medicine and other emergency needs as presented but DOES NOT help with on-going problems which are consistently recurring. If they do not have the budget to help they will be able to provide food for the person in order to try and ease the financial burden that they are going through.
 - Colonial Heights
 - Open Monday through Thursday from 8:30am to 1:30pm
 - 804-796-2749
- **Church Hill Christian Wellness Center**
 - Funding provided for fuel assistance and prescriptions when certain requirements are met. Contact the Center Director to obtain a copy of the required assistance form and approval.
 - 804-780-0053
- **Eastern Henrico FISH**
 - Only for residents who are east and south of the Mechanicsville Turnpike which includes Highland Springs, Varina, and Sandston
 - Caller has to leave a message and will be called back
 - 804-257-7730
- **Goochland Clinic and Family Services**
 - Emergency financial assistance is available for rent/mortgage, utilities, heat, and other needs in certain situations. When families seek financial assistance, they are required to meet with one of our financial counselors.
 - 804-556-6260
- **Hearth of Henrico**
 - Formerly known as ISH (Interfaith Services of Richmond)

- Provides temporary, immediate and emergency relief to Henrico families when all other sources of assistance have been exhausted.
- 804-501-4001
- **Quin Rivers Agency for Community Action**
 - Financial assistance and supportive services which address the root causes and immediate triggers for homeless services
 - Caroline, Charles City, Hanover, King George, King and Queen, King William, New Kent, Spotsylvania, Stafford, City of Fredericksburg, and the Town of West Point
 - 804-966-8720
- **Salvation Army**
 - Richmond area
 - Sometimes able to provide financial aid
 - 804-225-7470

ASSISTANCE WITH BILLS/UTILITIES

- **CAPUP – Capital Area Partnership Uplifting People**
 - Emergency Services – aids low income citizens with rent and mortgage assistance, utility assistance, emergency food and clothing, transportation, medical assistance, and other services necessary to help prevent homelessness, hunger, or suffering
 - 804-598-3351
- **Salvation Army**
 - Richmond area
 - Sometimes able to provide financial aid
 - 804-225-7470

ASSISTANCE WITH HOME CARE AND REPAIR

- **Project: HOMES**
 - Formerly Elderhome Corporation
 - Aids in weatherization of homes, home repair for eligible clients, and AC installation for qualifying clients
 - 804-233-2827
- **Senior Connections: Capital Area Agency on Aging**
 - Must be citizen of Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent, Powhatan, or the City of Richmond
 - 804-343-3000
- **Energy Assistance Programs through Chesterfield Social services**
 - Must meet income and criteria guidelines
 - Fuel Assistance is available October-November for heating expenses 2nd Tuesday in October thru the 2nd Friday in November
 - 804-717-6825
 - Crisis Assistance is available November 1 to March 15th (electric bills, deposits, repairs of heat pumps for homeowners in no cool situations)
 - 804-717-6825

- Energy Share – Available all year as funds are available (low fuel, electric, gas disconnection notices)
 - Must exhaust all other state and federal resources
 - 804-748-1100

BUDGET AND CREDIT COUNSELING

- **Clearpoint Financial Solutions**
 - Helps identify the causes of individual financial problems and makes a plan to address those problems. Provides consumers with budget, debt, and housing advice by partnering with various businesses and organizations and conduct educational outreach in the greater Richmond area.
 - 804-288-1430
 - Spanish Line 1-866-559-8198
- **Commonwealth Catholic Charities HELP Line**
 - Classes/Workshops: financial management, homebuyer education, fair housing/rent's rights and responsibilities, delinquency/default (foreclosure prevention)
 - One on One counseling: financial management (credit and debt reduction), home purchase, rental, and mortgage delinquency/foreclosure prevention)
 - 804-285-5986
- **Senior Connections: Capital Area Agency on Aging**
 - Must be citizen of Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent, Powhatan, or the City of Richmond
 - 804-343-3000

TANF (SOCIAL SERVICES)

- **Charles City** 804-652-1708
- **Chesterfield/Colonial Heights** 804-748-1100
- **Goochland** 804-556-5880
- **Henrico** 804-501-4001
- **New Kent** 804-966-1853
- **Petersburg** 804-861-4720
- **Powhatan** 804-598-5630
- **Richmond** 804-646-1262

LEGAL

LEGAL SERVICES

- **Statewide Legal Aid Helpline**
 - Aids with questions about eligibility for Virginia legal aid services.
 - 866-534-5243
- **American Civil Liberties Union of Virginia**
 - Helps people who believe their civil liberties or civil rights have been violated. To get their help you do have to do an online request.
 - 804-644-8022
- **Central Virginia Legal Aid Society**
 - “Provides free civil (non-criminal) legal advice and representation to low-income people in the areas of bankruptcy, civil rights, consumer, debt rights, disability, domestic violence, elder law, employment, family, garnishment, health, housing, public benefits, supplemental security income, and unemployment compensation”
 - Chesterfield residents 804-648-1012
 - Colonial Heights residents 804-862-1100
- **HOME – Housing Opportunities Made Equal**
 - Can help with housing discrimination (denial or differential treatment in the rental, sale, lending, or insuring of housing based on race, color, religion, national origin, sex, disability, familial states, or age 55 years or over) anywhere in the state of Virginia
 - Fair Housing Counseling is available for home seekers and housing providers on their rights and responsibilities under federal and state fair housing/civil rights laws
 - 804-354-0641
- **Hunton and Williams**
 - Complex, multijurisdictional litigation, corporate governance and securities litigation, product liability, energy, environmental regulatory and toxic tort, telecommunications and public utilities regulation, and litigation, affirmative action and employment audits, key employee contracts, management labor relations and employment training.
 - Pro bono legal services to those in our communities who cannot afford to pay for a lawyer
 - 804-788-8200
- **Lambda Legal: Southern Regional Office**
 - Legal assistance for situations involving sexual orientation, gender identity, or HIV
 - 404-897-1880
- **Legal Aid Justice Center**
 - Helps with legal cases involving civil rights and racial justice, economic justice, immigrant advocacy, and free legal representation to low-income children who have unmet needs in the education, foster care, and juvenile justice systems
 - 804-643-1086 or 804-865-2205
- **Virginia Poverty Law Center**
 - Can help with T visas, U visas, VAWA petitions, filing with USCIS and form completion
 - Bilingual Aid
 - 804-782-9430
- **Senior Connections: Capital Area Agency on Aging**

- Must be citizen of Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent, Powhatan, or the City of Richmond
- 804-343-3000

PROTECTIVE ORDERS

- **Chesterfield County Magistrate**
 - 804-748-1410
- **Henrico Magistrate**
 - 804-501-5285
- **Richmond Magistrate**
 - 804-786-6455

VICTIM COMPENSATION

- **Virginia Victims Fund**
 - Provides financial reimbursement for crime-related expenses such as medical bills, wage loss, or funeral expenses
 - Crime must have been committed in Virginia, reported to law-enforcement within 5 days of the crime occurring, the victim cooperated with law enforcement and courts.
 - 1-800-552-4007

ADULT ADVANCEMENT SERVICES

EDUCATION ADULT/BASIC EDUCATION AND GED CLASSES

- **Church Hill Christian Wellness Center**
 - Anyone who has the desire to further his or her education can call for information on current class schedule.
 - Also has a bare bone basics computer class to advance knowledge with things such as Power Point. Call for class schedule.
 - 804-780-0053
- **J Sargeant Reynolds Community College Middle College**
 - Offer college credit classes
 - 804-371-3000
 - GED Preparation Classes
 - 804-523-5345
- **John Tyler Community College**
 - Offer college credit classes as well as GED prep classes
 - Chester 804-796-4000
 - Midlothian 804-594-1400
- **Richmond Technical Center**
 - Classes held Monday through Thursday 6:30pm – 9:30pm
 - 804-780-6237
- **Chesterfield Office of Adult Continuing Education**
 - GED certification
 - 804-768-6140
- **Henrico County Public Schools Adult Education**
 - Adult Basic Education classes are available to help improve reading, writing, and mathematics skills
 - West end 804-527-4660
 - East end 804-328-4095
- **Richmond Public Schools:**
 - GED Preparation classes
 - 804-780-8311
- **Offender Aid and Restoration (OAR)**
 - Incarcerated Services: Individual counseling, Alcoholics Anonymous, Narcotics Anonymous, Parent education, drug/alcohol treatment referrals, shelter/clothing/ and food referrals, job readiness/employment assistance, goal-setting assistance, and educational groups
 - Reentry (Post-Incarceration) Services: Personal hygiene kits, weekly case management sessions, identification documents, resume assistance, use of fax machine and copier for job search, weekly job lists, substance abuse counseling and support groups, transportation assistance (for employment related needs), problem solving and goal

setting assistance, money management counseling, work clothes, shoes, and tools needed for a specific job, housing assistance and HPE referrals, incentives for continuous employment, GED classes, job readiness classes, computer skills groups and access for job search, cognitive behavioral therapy based groups, and referrals for other services.

- 804-643-2746

HOMELESS STUDENTS (K-12)

- **Henrico County Public Education Program for Homeless Students**
 - For Henrico County Public School students experiencing homelessness
 - 804-652-3282
- **Richmond City Public Schools – FACE (Family and Community Engagement)**
 - For Richmond Public School students experiencing homelessness
 - Attendance policy and information support, dropout prevention, prevention and intervention services for conflict resolution/bullying prevention/ gang prevention/ violence prevention, parental involvement and family engagement, community engagement, pupil placement services, McKinney-Vento Regional Education Program (homeless education services), and language support services
 - 804-780-6070

JOB TRAINING, COUNSELING, AND PLACEMENT

- **Resource Workforce Center**
 - Planned connected education, training programs, and support services that enable individuals to secure employment with a specific occupational sector and to advance over time to successively higher levels of education or employment in that sector.
 - Trains and connects a workforce that meets the demands of local business
 - Eastern Henrico 804-952-6116
 - Chesterfield 804-652-3490
 - Downtown 804-652-3280
- **Goodwill Employment Center**
 - Training and career development programs to help prepare people looking for employment with sustainable employment and then growing in that job. Service include: resume and interview preparation, online application assistance, job leads, employer events, labor market information, career planning, vocational assessment, career management skills, re-entry workshops (citizens returning after incarceration), and financial education
 - Richmond 804-521-4918
 - Mechanicsville 804-417-6721
 - Northside 804-823-2787
 - Petersburg 804-451-1773
- **Offender Aid and Restoration (OAR)**
 - Incarcerated Services: Individual counseling, Alcoholics Anonymous, Narcotics Anonymous, Parent education, drug/alcohol treatment referrals, shelter/clothing/ and

food referrals, job readiness/employment assistance, goal-setting assistance, and educational groups

- Reentry (Post-Incarceration) Services: Personal hygiene kits, weekly case management sessions, identification documents, resume assistance, use of fax machine and copier for job search, weekly job lists, substance abuse counseling and support groups, transportation assistance (for employment related needs), problem solving and goal setting assistance, money management counseling, work clothes, shoes, and tools needed for a specific job, housing assistance and HPE referrals, incentives for continuous employment, GED classes, job readiness classes, computer skills groups and access for job search, cognitive behavioral therapy based groups, and referrals for other services.
- 804-643-2746
- **Virginia Employment Commission**
 - Help with unemployment insurance services, job seeking services, and employer services
 - 804-832-2363
- **Workforce Computer Lab**
 - Available every Monday and Friday in the small conference room at the YWCA of Richmond from 1pm to 3pm
 - Apply for jobs, have your resume reviewed, get help with an upcoming interview, apply for housing
 - Mica Morgan 804-292-4934
- **Senior Connections: Capital Area Agency on Aging**
 - Must be citizen of Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent, Powhatan, or the City of Richmond
 - 804-343-3000
- **Urban League of Greater Richmond**
 - “Employment and Workforce Development Program provides an array of employment opportunities to individuals seeking employment, career changes, job readiness, and technical skills training, as well as employers who wish to recruit qualified employees to fill vacancies within the work place.”
 - Jobs Rebuild America (program with no information)
 - 804-230-8791
- **Rehabilitation Research and Training Center of VCU**
 - “...aims to improve employment opportunities and quality of life in the workforce for individuals with disabilities... To help those already in the workplace, as well as those looking for work, the RRTC offers training and technical assistance for both employees and employers. The center also conducts research looking into improving employment outcomes for individuals with disabilities, and then shares its results with employers and state agencies.
 - 804-828-1851

TRANSPORTATION

DISABLED, MEDICAID, OR ELDERLY

- **Logisticare – Non Emergency Medicaid Transportation**
 - For people with Fee-For-Service Medicaid, Managed Care Organization, Commonwealth Coordinated Care, or Commonwealth Coordinated Care Plus through InTotal, Aetna, Humana, or Kaiser
 - 866-246-9979
- **ACCESS**
 - Curb to curb transportation for Chesterfield residents who are 60 years or older, disabled, or have low income households
 - Anywhere within Chesterfield for whatever reason, limited to medical appoints in Richmond, Colonial Heights, Petersburg, and Hopewell
 - 804-279-8489
- **CARE**
 - For Richmond area citizens with disabilities. You must apply and register with them before receiving services
 - If you are part of the program you must buy tickets which can be done at either line
 - Application 877-232-7433
 - Reservation 804-782-CARE (22573)
 - Open every day from 8am to 4:30pm
- **Goochland Clinic and Family Services**
 - To use this service the person has to already be a client with the organization. Must be a Goochland County resident to receive services, must also meet a particular annual income which is at or below 200% of the Federal Poverty Income
 - For medical appointment transportation only – must sign up ahead of time to use this service. Call at least 24 hours before your medical appointment
 - 804-556-6260
- **Van-Go**
 - Wheelchair accessible transportation for literally anyone, they do take Medicaid but in order to do that with them you have to go through Logisticare
 - Must reserve 24 hours in advance
 - 804-261-7388
- **Ways to Work, Richmond**
 - Provides low-interest car loans to working families to help move towards financial stability; financial education and coaching
 - 804-888-8229
- **Drive to Work, Richmond**
 - Helps low-income or previously convicted people to get their suspended licenses back in order to keep their jobs
 - 804-358-6727
- **Senior Connections: Capital Area Agency on Aging**
 - Must be citizen of Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent, Powhatan, or the City of Richmond

- 804-343-3000

GENERAL PUBLIC

- **Bay Transit**
 - Serves Charles City, Essex, Gloucester, King and Queen, King William, Lancaster, Mathews, Middlesex, New Kent, Northumberland, Richmond, and Westmoreland Counties
 - Runs Monday through Friday from 6am to 6pm
 - All rides are extremely affordable and cost no more than \$4.00 one way.
 - 1-877-869-6046
- **Greater Richmond Transit Company (GRTC)**
 - Routes in the City of Richmond and Henrico County
 - Operates 5am to 1am 7 days a week.
 - 804-358-4782
- **RideFinders**
 - Vanpooling and Carpooling matching for people in the Central Virginia region
 - Open Monday through Friday from 8am to 4:30pm
 - 804-643-RIDE (7433)
- **Van-Go**
 - Trips are not limited by distance, but after the included initial 2 miles the passenger will pay \$2.50 per additional mile.
 - 804-261-7388

REFUGEE AND IMMIGRANT REFERRALS

COMMUNITY RESOURCES

- **ReEstablish Richmond**
 - Employment development, language skills, education opportunities, bus orientations, classes for learners permits, scholarship and behind-the-wheel referrals, and community engagement
 - ESL and ESOL classes around Richmond listed on their website – reestablishrichmond.org
 - 804-723-6414
- **Commonwealth Catholic Charities**
 - Case management, employment placement and orientation, adult English instruction and education planning, and family mentorship
 - Counseling services: general immigration services (green card applications, work permits, etc.), family-based immigration services, citizenship, temporary protected status and asylum, employment-based immigration services, self-petitions under the violence against women act, and informational workshops
 - 804-545-6296
- **American Red Cross Language Bank**
 - Interpretation and translation services for limited and non-English speaking people to provide language services to individuals and non-profit social service agencies who serve this population
 - Does not provide medical or legal translation/interpretation
 - 206-709-7339

ESL CLASSES

- **ReEstablish Richmond**
 - Employment development, language skills, education opportunities, bus orientations, classes for learners permits, scholarship and behind-the-wheel referrals, and community engagement
 - ESL and ESOL classes around Richmond listed on their website – reestablishrichmond.org
 - 804-723-6414
- **Henrico County Public Schools Adult Education**
 - “Class content features English Literacy/Civics Education, with an emphasis on speaking, reading, writing, and understanding American culture. Lessons also include career education skills like resume writing, filling out job applications, and interview techniques. A 70+ hour commitment is required. Classes meet twice a week for 2.5 hours each session”
 - West end 804-527-4660

- East end 804-328-4095
- **J Sargeant Reynolds Community College**
 - “Classes for students whose first language is not English. Classes and counseling are designed to help students successfully speak English in and out of class.”
 - 804-523-5020

SUBSTANCE ABUSE REFERRALS

SUBSTANCE ABUSE PROGRAMS AND SERVICES

- **Richmond Behavioral Health Authority**
 - Residential treatment center, case management: community based programs for continued treatment through individual treatment plans, treatment progress, and treatment plan modifications, Interim services: limited services designed to provide consumers an opportunity to work through their ambivalence about treatment and explore their motivation for change, criminal justice initiatives, women's specialized services, adolescent treatment services, and HIV/AIDS education and testing services
 - 804-819-4100
- **Chesterfield County Department of Mental Health Supportive Services**
 - Adult services: adult outpatient services, adult substance abuse services, emergency mental health service-crisis intervention services, medical, prevention services, psychiatric rehabilitation services for individuals with serious mental illness
 - 804-748-1227
- **Human Resources Incorporated**
 - Residential and outpatient services for individuals suffering from opioid addiction, illicit substance addiction, cocaine abuse and alcoholism
 - Methadone maintenance (outpatient), methadone detox (outpatient), Buprenorphine Detox (residential), residential therapeutic care, individual counseling, group counseling, psychiatric evaluations, physical examinations, HIV pre/post testing and counseling, education and Support Services for Families, assessments and referrals.
 - 804-644-4636 or 804-644-6310
- **Crossover Healthcare Ministry**
 - Onsite AA meeting support group with meets Monday
 - Eligibility Check 804-521-8263
 - Downtown Clinic 804-233-5016
- **The Virginia Center for Addiction Medicine**
 - Medical detoxification, addiction evaluations, group and individual therapy, medication assisted treatment, addiction and general psychiatry, Vivitrol, Probuophine implant, recovery coaching, family consultation and intervention, extended monitoring and case management, smoking cessation, telemedicine, treatment matching and referral, advocacy and education, drug and alcohol testing, and gambling addictions
 - 804-332-5950
- **Family Counseling Center for Recovery**
 - Outpatient services for people struggling with alcohol use, prescription drug addiction, and/or chronic pain and addiction for both adults and adolescents
 - Midlothian 804-419-0492
 - Richmond 804-354-1996
- **Narcotics Anonymous Hotline (NA)**
 - Referrals to NA meetings in your area
 - 804-965-1871
- **Offender Aid and Restoration (OAR)**

- Incarcerated Services: Individual counseling, Alcoholics Anonymous, Narcotics Anonymous, Parent education, drug/alcohol treatment referrals, shelter/clothing/ and food referrals, job readiness/employment assistance, goal-setting assistance, and educational groups
- Reentry (Post-Incarceration) Services: Personal hygiene kits, weekly case management sessions, identification documents, resume assistance, use of fax machine and copier for job search, weekly job lists, substance abuse counseling and support groups, transportation assistance (for employment related needs), problem solving and goal setting assistance, money management counseling, work clothes, shoes, and tools needed for a specific job, housing assistance and HPE referrals, incentives for continuous employment, GED classes, job readiness classes, computer skills groups and access for job search, cognitive behavioral therapy based groups, and referrals for other services.
- 804-643-2746
- **Good Samaritan Ministries**
 - Support group and planning for people with substance abuse problems and alcohol addictions
 - 804-231-9995
- **Williamsville Wellness**
 - Holistic approach to conquering substance addiction
 - Cognitive and dialectical behavioral therapy, emotionally focused couples therapy, eye movement desensitization and reprocessing, schema therapy, group therapy, family therapy, art therapy, mindfulness coaching, hypnotherapy, anger management, psychological and cognitive testing, peer counseling, twelve step process, SMART series, massage therapy, yoga, exercise and nutrition, life skills, and recreational and activity therapy available
 - 804-559-9959
- **The National Center on Addiction and Substance Abuse**
 - Online resources as well as a number to call in order to get recommendations about quality treatment
 - Monday through Friday 9am to 5:30pm
 - 212-841-5200
- **Salvation Army**
 - Men only
 - Rehabilitation center that also provides “training in job skills, individual and group counseling, as well as other tools for rebuilding positive lifestyles”
 - 804-359-0269
- **The Healing Place**
 - Through CARITAS
 - Residential recovery for men
 - 804-230-1217
- **Deaf and Hard of Hearing Counseling Services**
 - Part of Challenge Discovery Projects and offers comprehensive outpatient mental health/substance abuse counseling including individual, marriage, and family counseling, counseling for persons or families experiencing physical, emotional, or sexual abuse or neglect, support groups, coping strategies, for hard of hearing and late deafened individuals and their families, Parent Child Advocate Program, collaborative/consultation services for other disciplines and agencies servicing persons with hearing loss,

- educational programs, workshops, and presentations focusing on mental health issues, needs, and prevention services for persons who are deaf, hard of hears, or deaf-blind, advocacy
- 804-282-1943

SUPPORT

- **Al-Anon and Alateen**
 - Support groups for friends and family members of alcoholics
 - Meeting dates, times, and dates are online at vaalanon.org by zip code or by district
 - 888-425-2666
- **Alcoholics Anonymous**
 - Support group for alcoholics to come together and talk about their walks in recovery
 - Richmond Intergroup
 - 804-355-1212
- **Challenge Discovery Project**
 - Counseling services for at risk youth ages 12-18 with challenges including substance abuse and emotional health issues
 - 804-643-0002
- **Daily Planet**
 - Individual, group, and family counseling, substance abuse counseling, medication management and evaluation, and psychiatric evaluations and assessments
 - Open support group Thursdays at 1:30pm for people struggling to maintain their recovery from both substance use and mental health problems – must contact for location
 - 804-649-2119 ext. 274
- **Families Anonymous**
 - Support groups for friends and family members of alcoholics and people who struggle with drug abuse
 - 804-262-0932
- **First Baptist church of South Richmond**
 - Fresh Start Recovery Group Meeting
 - Meets 2nd Tuesday of the month at 7pm at Hull Street Location
 - 804-233-7679
- **Human Resources, INC.**
 - Education and supportive services for families of people addicted to drug and/or alcohol abuse
 - 804-644-4636 or 804-644-6310
- **Virginia Center for Addiction Medicine**
 - Family consultation, intervention, advocacy, and education
 - 804-332-5950
- **Williamsville Wellness**
 - Holistic approach to conquering substance addiction
 - Emotionally focused couples therapy, group therapy, family therapy
 - 804-559-9959

DISABILITY SERVICES

- **Alzheimer's Association**
 - Support groups, education programs, professional training
 - Serves Amelia, Caroline County, Charles City, Chesterfield, Cumberland, Dinwiddie, Essex, Gloucester, Goochland, Hanover, Henrico, King and Queen, King William, Lancaster, Mathews, Middlesex, New Kent, Northumberland, Powhatan, Prince George, Richmond, Spotsylvania, Surry, Westmoreland, Colonial Heights, Fredericksburg, Hopewell, Petersburg, and Richmond
 - 1-800-272-3900
- **American Association on Intellectual and Developmental Disabilities**
 - Career planning and aid, conferences, and education opportunities
 - 202-387-1968
- **The Arc of the United States**
 - Consumer Support Services, day support and afterschool services, employee development, workforce development, and camp services
 - 804-358-1874
- **Autism Society**
 - Social and interest groups for families as well as those with autism, workshops, and activities
 - 804-257-0192
- **Deaf and Hard of Hearing Counseling Services**
 - Part of Challenge Discovery Projects and offers comprehensive outpatient mental health/substance abuse counseling including individual, marriage, and family counseling, counseling for persons or families experiencing physical, emotional, or sexual abuse or neglect, support groups, coping strategies, for hard of hearing and late deafened individuals and their families, Parent Child Advocate Program, collaborative/consultation services for other disciplines and agencies servicing persons with hearing loss, educational programs, workshops, and presentations focusing on mental health issues, needs, and prevention services for persons who are deaf, hard of hears, or deaf-blind, advocacy
 - 804-282-1943
- **Infant Toddler Connection of Virginia**
 - Can help coordinate programs and anything that a parent would need to be connected to if their child is between the ages of 1 and 3 years and they suspect some sort of delay in development or mental health
 - Call will technically be to 211, however they do the intake for this agency
 - 211
- **IVNA Home Health Care**
 - Home based skilled care from nurses, physical/rehab/speech/occupational therapies, infusion services and social work service to home-bound persons who are under or un-insured, Philips Lifeline: a personal emergency response alarm which enables a home bound patient to contact emergency services at the push of a button, TR Dose: a service which fills a patient's medication dispenser on a regular basis enabling him or her to manage his or her own medication adherence and remain safely at home

- 804-355-7100
- **March of Dimes**
 - Support groups for moms as well as other family members, and advocacy
 - 804-968-4120
- **National Down Syndrome Society**
 - Improves the quality of life for individuals with Down syndrome and their families through education, community awareness, and advocacy
 - 804-525-7731
- **National Multiple Sclerosis Society**
 - Wellness resources, family and relational support, financial assistance, employment, insurance and financial planning, social and emotional support, mobility and accessibility assistance
 - 804-353-5008
- **National Parkinson Foundation**
 - 800-473-4636
- **Partnership for People with Disabilities**
 - VCU
 - Community Living: providing opportunities for people with disabilities, family members, and professionals to work together to enhance collaboration, learn from each other, and improve outcomes; Early childhood/early intervention: supporting the development of infants and toddlers with developmental delays makes a difference in the lives of young children and their families; education: supporting the education of children and youth with disabilities so they receive the services and resources need to excel in their homes, schools, and communities; health: achieving and maintaining good health can enable people with disabilities to participate in education, productive work, recreation, and all aspects of community life
 - 804-828-3876
- **Resources for Independent Living**
 - Case management, personal assistant registry, support groups, job training and placement, technical assistance, transportation training/ assistance referrals, interpreter/reader, housing assistance and placement, and community education/training
 - Richmond 804-353-6503
 - Petersburg 804-862-9338
- **Virginia Assistive Technology Services (VATS)**
 - Information and assistance, advocacy, demonstrations, reuse of assistive technology, equipment exchange public awareness/training/ technical assistance activities, and transition services
 - 800-662-9990
- **Virginia Department for Aging and Rehabilitative Services**
 - Aging services: help finding information and services needed to lead healthy and independent lives, state long-term care ombudsman
 - 804-662-7000
- **Virginia Department for the Blind and Vision Impaired**
 - Education services for children with vision loss: educational and developmental materials, consulting and training for parents and school systems, vision assessments and eye exams, and adaptive optical aids

- Vocational rehabilitation: guidance and counseling, adjustment to blindness training, vocational assessments, training opportunities, and job placement and follow-up
- Rehabilitation teaching and independent living skills training, low vision equipment and training, orientation and mobility services with travel skills assessments and training, orientation technique training, instruction in how to get around independently, Skill development for communication, independent living, travel and orientation, social and recreational, counseling, medical information and self-management, vocational evaluations, assistive technology, library, technology services, and so much more!
- 804-371-3140
- **Virginia department for the Deaf and Hard of Hearing**
 - Training for persons who are deaf and hard of hearing and their families, businesses, caregivers, public safety officials, and professionals on hearing loss service and care
 - Information and training about local services to find supportive services and training for the deaf and hard of hearing
 - Community education
 - Coping with hearing loss, hearing aid resources, hearing loss prevention, emergency preparedness, sensitivity training for emergency and law enforcement personnel, technology and assistive listening devices, video relay services and video phones, TTY training for businesses and individuals, using interpreter services effectively, increasing sign language skills, and cochlear implant information
 - 804-662-9502
- **Rehabilitation Research and Training Center of VCU**
 - "...aims to improve employment opportunities and quality of life in the workforce for individuals with disabilities... To help those already in the workplace, as well as those looking for work, the RRTC offers training and technical assistance for both employees and employers. The center also conducts research looking into improving employment outcomes for individuals with disabilities, and then shares its results with employers and state agencies.
 - 804-828-1851

SENIOR SERVICES

SERVICES

- **Commonwealth Catholic Charities**
 - Advance care planning seminars – planning for later in life events/ 804-545-5952
 - Call Reassurance program – provides isolated or lonely seniors in Richmond with a friendly phone call from a caring volunteer/ 804-545-5916
 - Caregiver Relief – supports overwhelmed and stressed caregivers in the Richmond area who are providing full-time care to an adult loved one and are having trouble getting out due to their care giving responsibilities. Trained volunteers provide companionship and social stimulation to care receivers in the home while give the caregiver a break/ 804-545-5916
- **Jewish Family Services**
 - Community engagement 804-282-5402
 - Counseling 804-282-5644
- **Cottage Garden Counseling**
 - Richmond
 - Individual, couple, family, and group services along specialization in Elderly Persons disorders
 - Dan Dougherty
 - 804-264-3047
- **Senior Connections: Capital Area Agency on Aging**
 - Must be citizen of Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent, Powhatan, or the City of Richmond
 - Services include: care providers, family caregiver support groups, health and wellness programs, home care providers including nursing care, home repair programs, insurance providers, independent and subsidized housing, legal and financial planning, long-term care facilities, mental health services, nutrition and meal support services, respite and adult day care programs, transportation services, employment training and assistance, money management, and volunteer opportunities
 - 804-343-3000

COMMUNITY INVOLVEMENT

- **Good Shepherd Senior Center**
 - Volunteer opportunities for seniors and community involvement
 - For people around 50 and over to participate in programs of mutual interest and help neighbors through volunteer service
 - 804-355-7282
- **Jewish Community Center**
 - Opportunities for seniors to remain active and vital. 5400 Club, Enrich for Life and Food for Thought, Grand Tones, and other programs keep older members circulating in and contributing to the identity of the JCC and the community as a whole.

- 804-285-6500
- **Linwood Robinson Senior Center**
 - For people 60 years and older with leisure activities and special programs and social gathers, community service opportunities, education and culture enrichment programs, wellness and health related activities, nutrition services, hot meals, transportation, assistance services
 - City of Richmond
 - 804-646-3115
- **Senior Connections**
 - Opportunities for anyone to volunteer to work with the seniors that are part of the programs with this agency
 - 804-343-3000
- Virginia Division for the Aging
 - 804-622-9333
- Senior Center of Greater Richmond
 - 804-353-3171

ADULT DAY CARE

- **A Grace Place**
 - 804-261-0205
- **Circle Center Adult Day Care**
 - Richmond
 - 804-355-5717
- **Senior Connections: Capital Area Agency on Aging**
 - Must be citizen of Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent, Powhatan, or the City of Richmond
 - Able to provide legitimate referrals for agencies in their area of care
 - 804-343-3000
- **Hanover Adult Center**
 - Hanover/Ashland area
 - 804-746-0743
- **Lucy Corr Village**
 - Chesterfield
 - 804-748-1511
- **South Richmond Adult Day Care Center**
 - 804-231-9306

EMPLOYMENT

- **Senior Connections**
 - Offers two Employment Assistance Programs for individuals 55 years old and older that are looking to reenter the workforce.
 - Senior Community Service Employment Program (SCSEP) “provides short-term work experience for income eligible persons age 55 years old and older. The program helps

seniors find permanent employment by upgrading old skills or learning new ones. SCSEP matches skills, background and interests with job openings at businesses and agencies.”

- Job Referral File is “a service provided for job seekers age 60 and older and looking for a job. A Referral File is kept on those seeking full or part time employment. When an employer calls Senior Connections looking for an experienced and qualified applicant for a job opening, participants from the Job Referral File are matched with the job’s requirements and an interview is arranged.”
- 804-343-3000 and ask for Senior Employment Services

VETERANS

- **DLW Veterans Outreach and Training Center**
 - Assists with educational veteran benefits, compensation and pension claims, re-entry related issues, workforce development and job skills, preparing for the workplace, networking, resume writing, interviewing processes, role playing for employment opportunities, financial and money management which includes but isn't limited to education on how to manage bank accounts, debit cards, and bill paying, recreational therapy (games, movies, social activities, and recreational event), and transitional housing for veterans and re-entry clients on a space available process
 - 804-228-8077
- **National Call Center for Homeless Veterans**
 - Veterans who are homeless or at risk of homelessness—and their family members, friends and supporters—can make the call to or chat online with the National Call Center for Homeless Veterans, where trained counselors are ready to talk confidentially 24 hours a day, 7 days a week.
 - Callers must be: veterans who are homeless or at risk of homelessness, family members, friends, and supporters calling on behalf of Veterans, VA Medical Centers and other VA facilities and staff, partners, or community agencies and providers who serve Veterans who are homeless
 - 1-877-4AID-VET (424-3838)
- **VA Hotline for Women Veterans**
 - Provides female veterans, their families and caregivers VA services and resources about benefits and rights
 - 1-855-VA-WOMEN
- **Virginia Department of Veteran Affairs**
 - Benefits, education and employment help, care center, and family support resources.
 - 1-844-MYVA311 (698-2311)
- **Wounded Warrior Project**
 - Program for veterans, which has CM for literally everything. Seriously. Everything.
 - 877-TEAM-WWP (832-6997)

LGBTQ+

- **Diversity Richmond**
 - Financially supports groups and programs in the Richmond area that further aid the LGBTQ+ community
 - Also has meeting spaces and classrooms
 - 804-622-4646
- **Side by Side**
 - Formerly ROSMY (Richmond Organization for Sexual Minority Youth)
 - Provides space for LGBTQ+ youth to be themselves and gives community referrals and youth support groups
 - Youth Support Line 804-644-4390
 - General Inquiries 804-644-4800
- **Health Brigade (formerly Fan Free Clinic)**
 - Specialty mental health services (50 minute talk therapy sessions), psychiatric evaluation and medication, support groups (Anger management, Employment, LGBTQ, HIV+ clients, etc.), behavioral health services (Smoking Cessation, Insomnia, Medication Adherence, etc.), wellness services (acupuncture, healing touch, meditation, etc.), legal clinic, and voice therapy for trans clients
 - Legal through the Richmond Trans Legal Collaborative
 - Jenn Gallienne (Trans Health Coordinator) 804-358-6343 ext. 143
- **Lambda Legal: Southern Regional Office**
 - Legal assistance for situations involving sexual orientation, gender identity, or HIV
 - 404-897-1880
- **James River Transgender Society**
 - Meets the first Friday at 7pm in the classroom at Diversity Richmond
 - Has speakers, mentoring, and social outings weekly
 - 804-404-2425
- **Equality Virginia**
 - Works towards equal validity for all regardless of sexual orientation or gender identity in Virginia
 - Report discrimination and hate violence
 - 804-643-4816
- **Richmond Transformers**
 - Meeting for female born or assigned who do not identify with that
 - 804-358-6343
- **Virginia LGBTQ Partner Abuse and Sexual Assault Helpline**
 - Call 1-866-356-6998
 - Text 804-793-9999

EX-OFFENDERS/PRISONERS

- **CAPUP**
 - Virginia Cares Inc. is a statewide re-entry program for adult prisoners and ex-prisoners released from Virginia state institutions. State responsible ex-offenders released from local jails are also served by Virginia CARES Inc. They help make successful transition from prison to the community. They assist ex-offenders with transportation, identification cards, work clothing, temporary housing, food, education, job training and jobs. Clients are also provided with life skills training in selected correction institutions. Case management, counseling, and group activities are also provided
- **Offender Aid and Restoration (OAR)**
 - Incarcerated Services: Individual counseling, Alcoholics Anonymous, Narcotics Anonymous, Parent education, drug/alcohol treatment referrals, shelter/clothing/ and food referrals, job readiness/employment assistance, goal-setting assistance, and educational groups
 - Reentry (Post-Incarceration) Services: Personal hygiene kits, weekly case management sessions, identification documents, resume assistance, use of fax machine and copier for job search, weekly job lists, substance abuse counseling and support groups, transportation assistance (for employment related needs), problem solving and goal setting assistance, money management counseling, work clothes, shoes, and tools needed for a specific job, housing assistance and HPE referrals, incentives for continuous employment, GED classes, job readiness classes, computer skills groups and access for job search, cognitive behavioral therapy based groups, and referrals for other services.
 - 804-643-2746
- **Goodwill Employment Center**
 - Training and career development programs to help prepare people looking for employment with sustainable employment and then growing in that job. Service include: resume and interview preparation, online application assistance, job leads, employer events, labor market information, career planning, vocational assessment, career management skills, re-entry workshops (citizens returning after incarceration), and financial education
 - Richmond 804-521-4918
 - Mechanicsville 804-417-6721
 - Northside 804-823-2787
 - Petersburg 804-451-1773

UNSPECIFIED RESOURCES

CAN PASS ALONG

- **Virginia 211**
 - Statewide general information and referral service to other resources
 - 211
- **None Emergency Richmond City Police**
 - 804-646-5100